

PLANO WEST/EAST

SW 05Y151/1415

Event # 73027 10Km/73026 11Km
(Recommended for Visitors to Plano)

Enjoy a pleasant walk along the Chisholm Hike and Bike Trail in Plano.

START: Seven-Eleven (7-11/Citgo), 2025 W. Spring Creek Parkway, Plano TX.

TIMES: 7-11 is open 24 hours. Suggested walking times are anytime between 1 hour after dawn and 3 hours before dusk.

ROUTE: West: 10 km walk, East: 11 km walk both is rated 1. The Chisholm Hike and Bike Trail is an 8 foot wide concrete trail beside a creek that flows through a greenbelt area. The walk follows along the creek for most of the walk. **West covers more residential area, east takes you near restaurant areas.** This walk is suitable for strollers but not for wheelchairs.

PARKING: Park away from the store entrance in spaces adjacent to Spring Creek *or* park at Schimelpfenig Library (5024 Custer Rd) at bike trail.

DIRECTIONS: From US75 Hwy (Central Expressway), north or south **exit 31** (Spring Creek) and travel west on Spring Creek to Custer Rd. Seven-Eleven (7-11/Citgo) located on right (northeast corner) of Spring creek and Custer Rd. *Instructions are in the "Walk Box" which can be found on the shelves (behind the counter) under the hot dog machine.*

CONTACT: Jerry Stovall, 972.596.5240.
Email: Jnstov@peoplepc.com

IVV Credit Only \$3.00

RICHARDSON

SW 05Y1846 Event # 73055 10Km
(Recommended for Visitors to Plano)

Walk along the streets and park trails of this suburban community.

START: Chevron Station, 699 W. Renner Rd at southeast corner of Renner Rd. and Custer Rd., Richardson. *Instructions are in Walk Box found inside Chevron.*

TIMES: Start after 6 A.M. until 3 hrs before dusk.

ROUTE: This 10km walk is rated 1 and follows along residential streets and through city parks. This route is not recommended for wheelchairs. Strollers may have difficulty with curbs.

PARKING: Ample parking is available across the street at Custer Park, southwest corner of Renner Rd and Custer Rd.

DIRECTIONS: From US75 Hwy (Central Expressway), north or south **exit 27** (Renner Rd) and travel west on Renner Rd., approx. 1.5 miles. Chevron is located on the southeast corner of Custer and Renner.



CONTACT: Kitty Simmons, 972.231.6518.
Email: dona7112@sbcglobal.net

Award: A multicolored 7/8- inch pin available for purchase.



IVV Credit and award \$7.00
IVV Credit Only \$3.00
No Award or No Credit Free

Besides the Plano Walking Club, there are more than 500 volkssporting clubs in the US, which sponsor hundreds of events annually. Our events also include swimming, skiing and bicycling.

Volkssport participants may enroll in an awards program by purchasing Events and Distance record books.

Upon completion of milestones, participants receive pins, patches and certificates.

Besides the health benefits, you'll find opportunities to travel and meet many friendly people. You'll see sights you would normally miss by zooming by in a car. Our walks are typically through pretty residential areas, parks, natural areas and historic sites.

Information on Club:
972-612-8129

Need more information about Volkssporting, Clubs or Events – in Texas and across the USA
Call: 1-800-830-WALK
or visit the

American Volkssport Association

at: www.ava.org or

Texas Volkssport Association

at: www.walktexas.org

Six (6) Walk Events sponsored by the Plano Walking Club

Year Round Events
January 1 – December 31
2006

*Sponsored by the
Plano Walking Club 0124*

www.walktx.org/PlanoWalkingClub



Eligible for credit toward
IVV Achievement Awards

The Plano Walking Club offers these year-round walks (permanent trails) to give the public the opportunity to walk in the Plano area, any day throughout the year, regardless of weather conditions. However, these routes may only be used during daylight hours. Some more restrictive hours are listed.

ELIGIBILITY and FEES: All events are open to the public. An adult must accompany children under age of 12 years. *Participation is free.* Souvenir pins or patches, called walk A or B awards, may be purchased for \$4, \$5 or \$6. “A” award is offered only on the Historic Downtown Plano YRE and the Richardson YRE walk. This fee includes IVV credit. The fee for IVV credit only is \$3.00. There are no refunds.

PROCEDURE: At the start location, ask for the WALK BOX. This box contains a waiver of liability log, instructions, sample of available award and a route map/description. All participants must sign the waiver of liability and fill out a start card before beginning the event. A parent or guardian must sign the waiver for a minor. Carry this start card and follow the route instructions for the walk. *Enjoy the walk.* After completion of your walk, return the start card as instructed in the walk box. If IVV credit or an award is desired, follow the instructions in the walk box for the award and for payment. Verify the operating hours of start points on holidays.

Water and restrooms are available near the start points and may also be available along some routes. You are encouraged to carry water. Leashed pets are allowed on the trails but are not allowed in the start points or buildings. *Please pick up after your pets.*

These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

INFORMATION: President, 4221 Whistler Dr., Plano, TX 75093, 972.612.8129.
Email: maggiec@airmail.net

NOTICE: Reasonable efforts have been made by the sponsor to make each event enjoyable, safe and memorable. The sponsor, start locations, and club members are not liable for lost or stolen items, accidents or injuries.

HISTORICAL DOWNTOWN PLANO
SW 05Y1995 Event # 73025 – 10Km
(Recommended for Visitors to Plano)

Walk through the historical areas of Downtown Plano. The community of Plano originated in the early 1840’s in the Republic of Texas. Most of the early pioneers migrated from Kentucky and Tennessee as small groups of settlers found their way to Collin County’s blackland prairie.

START: Fire Station 1 located at 1901 Ave K, in Plano east of US75.

Instructions are in Walk Box found inside Fire Station 1 located in front lobby.

TIMES: Daily. Start between dawn to dusk.
ROUTE: This 10km walk is rated 1 and follows along city streets through historic downtown Plano and past many turn of the century houses. Part of the trail is through historic Haggard Park, Willow Creek Park and Schell Park. Wheelchairs may have difficulty with curbs but strollers are fine.

PARKING: Consider using DART rail for your trip downtown. Do not park in Fire Station parking lot. Park across Fire Station on eastside of Ave K in Thrift shopping center. Parking in downtown areas is available for a minimum of 4 hours unless designated parking areas are used.

DIRECTIONS: *By Car:* From US75 Hwy (Central Expressway) north or south, take exit 29 (15th St). Proceed on “North” access road of US75 to 18th St. Turn right (east) to Ave K. Left

on Ave K, approx. 3 blocks on left side. *By Dart Rail:* Ride to 15th St. downtown Plano Dart station and walk south to 15th St. Turn left (east) and continue to Ave K, turning left (north) and proceed to Fire Station.



CONTACT: Margaret “Maggie” Cole, 972.612.8129. Email: maggiec@airmail.net

Award: A multicolored 1 5/8-inch pin available for purchase.



IVV Credit and award \$7.00
IVV Credit Only \$3.00
No Award or No Credit Free

MURPHY/RICHARDSON (Breckinridge)
SW 05Y1654/Y1653
Event # 73039 10km/73050 10Km
Sponsoring Club – Plano Walking Club

START: Albertsons Grocery Store, 200 E. FM 544 Rd., (name change: 14th St. in Plano) in Murphy, Texas. *Instructions are in Walk Box in Albertsons at Customer Service Counter.*

MISCELLANEOUS: Water and public restrooms available at start/finish. The Murphy walk has no restroom facilities on the trail.

TIMES: Daily sunrise to 3 hours before dusk. Store hours: 6 am to 12 midnight. Only call store to check on hours of operation on major holidays. Richardson (Breckinridge Park) – If gate is not open by sunrise, the park is flooded and the alternate trail starting at WyndSOR Park should be taken instead.

ROUTE: 10 km. *Murphy walk*, rated 1, travels some country roads, through suburban neighborhoods and a city park on grass shoulders, sidewalks and paved trails. *Breckinridge Park* – You must drive from the start point approximately 12 miles to take this walk and/or the alternate WyndSOR Park walk. Trail rated 2. Wheelchairs may have difficulty.

DIRECTIONS: From US75 Hwy (Central Expressway), north or south or George Bush Turnpike, west or east, exit at Renner Rd and go east 5-6 miles to Murphy Rd. Turn left (north) on Murphy. Go approx. ½ mile and turn right into the Albertson’s parking lot.

CONTACT: Carole Quarles, 972.664.0095
Email: drqcrq@comcast.net

IVV Credit Only \$3.00