

**Kerrville Trailblazers  
Membership Application**

**Last Name:** \_\_\_\_\_

**First Name:** \_\_\_\_\_

**Spouse, if joining:** \_\_\_\_\_

**Address: (If address is used only part of  
the year, which months are you here?)**  
\_\_\_\_\_

**Street:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_

**Zip:** \_\_\_\_\_

**E-mail Address:**  
\_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Alternate Phone:** \_\_\_\_\_

**New Member \$14.00**

**Annual Renewal \$12.00**

**Please mail completed application with  
your check payable to the Kerrville  
Trailblazers to:**

**Kerrville Trailblazers  
Attn: Treasurer  
P.O. Box 2097  
Kerrville, Texas 78029**

**What is Volksmarching?**

Volksmarching is a non-competitive walk. It is not a pledge walk; it is not a race; it is a fun activity you do with a group. Volksmarching got its name from its origins in Europe. It means "Walk of the People." Today there are thousands of volksmarching clubs around the world, allied in the International Federation of Popular Sports, known as the IVV. Members are young, old, married, single, fast walkers and stroll-alongs.

Volksmarching is one sport included in Volkssporting. Other sports include skiing, bicycling and swimming. These activities are coordinated by the IVV, the AVA (American Volkssport Association), the TVA (Texas Volkssport Association) and the Kerrville Trailblazers. These organizations support these sports through publications and an awards program which recognizes individuals for the number of events and distance they have completed.

**Who are the Kerrville  
Trailblazers?**

Kerrville Trailblazers is a walking club that sponsors Volkssporting events. It was started in 1982 when 15 walkers from the Kerrville area got together and joined AVA. It has now grown to 108 members. The Trailblazers have a monthly meeting on the fourth Monday of each month. It is held at Dieter Senior Center in the Dining Room in Kerrville at 7:00 p.m. A program of general interest is provided as well as a business meeting.

**What events do the Trailblazers  
sponsor?**

• *Weekly Walks*

Each Saturday, walkers meet at Cailloux Theater parking lot on Main Street to carpool to a local walk. Everyone walks at his or her own pace; locations vary. Walks begin at 8 a.m. from Sep 1- May 31 and 7 a.m. from Jun 1-Aug 31. You do not need to be a member to participate in these walks.

• *AVA Sanctioned Walks*

The club sponsors two annual sanctioned walks. These walks are usually 10 kilometers (6.2 miles). Routes are carefully planned and clearly marked for participants to follow. Terrain varies per walk. Along the route, checkpoints are manned by club members to give the walkers a chance to get a drink of water and rest awhile. Participants keep track of their walks by having their IVV Event and/or Distance Record book stamped. Commemorative awards such as medals or patches are available for purchase.

• *Year-Round Walks*

There are four self-guided walks starting at INN OF THE HILLS, 1001 Junction Highway, Kerrville. Walks are on paved surfaces, except for the park. Participants ask for the Walk Box at the hotel front desk. The Walk Box contains instruction sheets describing what to do at the start and finish of your walk, written directions, and a map of the route.

### **How do I join the Trailblazers?**

Membership is voluntary and open to all people who are interested in health, personal fitness, and family-oriented activities. The annual dues are \$14.00 for the first year (includes a New Member packet) and \$12.00 thereafter. The New Member packet includes a current Trailblazer membership directory, a copy of the By-Laws, general information about the Trailblazers, the Texas Volkssport Association (TVA), the American Volkssport Association (AVA), and the TVA Volkssport Year-round Events booklet. Just fill in the membership application and mail it in.

### **Where can I obtain additional information about Volkssporting?**

For more information on Volkssporting in the United States and around the world, contact:

The American Volkssport Association  
1001 Pat Booker Road, Suite 101  
Universal City, TX 78148  
(210) 659-2112  
or (800) 830-Walk

Or visit our websites at:

<http://www.ava.org>  
<http://www.walktx.org/KerrvilleTrailblazers/>



*Come walk with us!*

*BECOME A MEMBER OF . . .*



**Kerrville Trailblazers  
Walking Club  
(Volksmarching)**

Distributed by Kerrville Trailblazers Walking Club  
P.O. Box 2097  
Kerrville, TX 78029  
April 2011

*Fun, Fitness, Friendship  
Come Walk with Us!*