

IVV RECORD BOOKS: This event counts toward the acquisition of IVV achievement awards. Insert cards will be available, but no record books will be for sale.

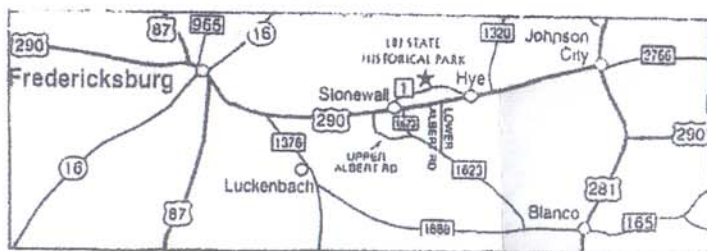
Special designations for this walk are Authors & Literary Landmarks, Historic Churches, and Museums,

REFRESHMENTS: Water and restroom facilities are available at the Visitor Center Complex. One additional restroom facility is available on the trail.

It is recommended you carry water, as well as wear a hat and use sunscreen.

INFORMATION:

About the **walk:** VVF, PO Box 503,
Fredericksburg, TX 78624
830-997-7967 Laura Wilson
Or Joyce O'Rear tnjocole@austin.rr.com
About the **park:** 830/644-2252



VVF has 5 other year-round 10K walks. Four walks start at the Quality Inn, 908 South Adams St. (Hwy 16 South), Fredericksburg; the fifth starts 18 miles north on RR965 at Enchanted Rock State Natural area.

LBJ STATE PARK in Central Texas has 730 acres along the Pedernales River. Lyndon B. Johnson spent his early years in these surroundings; later, during his presidency, he returned to this land for nurture and inspiration. Spring wildflowers, pecan trees and deer are all part of this beautiful Texas panorama. It's a great place for a walk. Enjoy.

SPONSOR: Volkssportverein Friedrichsburg (VVF)
PO Box 503, Fredericksburg, TX 78624
www.walktx.org/AVA1
AVA-1; TX-1

START/FINISH: The start/finish point is at the information desk of the Visitor Center Complex located inside the gates of Lyndon B. Johnson State Park. This desk is also the ticket counter for the National Park Service LBJ ranch self-guided tour on the north side of the river.

Lyndon B. Johnson State Park is located on Highway 290 between Fredericksburg and Johnson City. From Fredericksburg, the park entrance is 16 miles east; from Johnson City, 14 miles west.

START/FINISH TIMES: Walk only during daylight. LBJ State Park is open from 8am-5pm. The walk must be completed within these hours. The park is closed New Year's Day, Thanksgiving and Christmas Day.

ROUTE: The 10K walk leaves the Visitor Center Complex and proceeds along a nature path and into a re-creation of an early 20th century Texas farm. Much of the trail is along Ranch Road 1 and the banks of the Pedernales River. There are instructions for a 5K option. The trail has a rating of 1+. The route includes uneven ground and is not recommended for wheelchairs; it is passable for most strollers.

ELIGIBILITY: Everyone is welcome. Children under 12 must be accompanied by an adult. You may walk, jog or run the walk route at your own pace. Pets are welcome, but must be on a leash at all times; they are not allowed in the park buildings.

REGISTRATION AND FEES: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). All participants must register in the registration book, sign a waiver, and carry a start card with them on the walk. This event has no awards.

For IVV Credit	\$3.00
Non-credit walkers	Free

DISCLAIMER: The sponsors and the Texas Parks and Wildlife representatives cannot be held responsible for lost or stolen items, accidents or injury. When you register, you accept the guidelines of AVA events and agree to observe the principles of good sportsmanship. Please heed the counsel of Texas Park officials. Every reasonable effort will be made to make this event safe.

There are no refunds of participation fees.